# 20. Sandwiches

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### **Tuna Fish Party Sandwich**

Pepperidge Farm bread without crust.

Butter each slice of bread. Lay 2 pieces side by side.

Spread with tuna salad.

Then bread.

Then egg salad.

End with bread.

Mix 1 pint of sour cream and onion soup mix and frost the whole mess. Chill overnight.

# **Pita Filling**

1 pound ground beef
1 tablespoon lemon juice
1/2 cup chopped onion
1 teaspoon garlic salt
1/4 cup minced celery
1/2 teaspoon seasoned salt
1/4 cup minced green pepper
1 15-ounce can tomato sauce with herbs
1 tablespoon lemon juice
1 teaspoon garlic salt
1/2 teaspoon seasoned salt
1/4 teaspoon pepper
1 small round pita breads

Combine beef, onion, celery and green pepper in a 10" skillet and cook, forking about occasionally, over medium heat until meat has lost its redness. Stir in tomato sauce, lemon juice and seasonings and continue cooking at a simmer for 5 minutes. Cut bread rounds in half, crosswise, and fill pockets.

## Original Kentucky Hot Brown

4 tablespoons (½ stick) butter
6 tablespoons flour, approximately
3 cups warm milk
6 tablespoons grated Parmesan cheese
1 egg, beaten
1 ounce of whipped cream (optional)

Salt and white pepper to taste
4 to 6 pieces toasted white bread
Sliced roast turkey breast
Additional Parmesan cheese for topping
8 to 12 strips bacon, fried crisp and
drained well

Melt butter. Add only enough flour to make a reasonably thick roux, enough to absorb all the butter. Gradually stir in warmed milk and Parmesan. Add egg to thickened sauce, but do not allow to boil. Remove from heat, fold in whipped cream if desired, and add salt and pepper to taste. Cut the toast slices in half diagonally.

To assemble, for each serving, place two toast halves on a flame-proof dish. Cover toast with a liberal amount of sliced turkey, and cover turkey with prepared sauce. Sprinkle additional Parmesan cheese over top. Place under broiler until sauce is speckled brown and bubbly. Remove and cross two strips of crisped bacon on top. Serve immediately. Makes four to six servings.

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#### **Beef Pocket Sandwiches**

Brown 1 pound beef strips in oil. Add ½ cup onion rings, 2 tablespoons chopped parsley, ½ teaspoon salt, 1/8 teaspoon pepper and 1/8 teaspoon garlic powder; simmer until onions are tender. Cut 3 rounds of pita (Syrian-type) bread in half; open, spread with Miracle Whip Salad Dressing. Fill with meat mixture.

Mix 1 cup Miracle Whip, ½ cup milk and ½ cup chopped tomato. Stir over low heat until warm. Spoon into sandwiches.

### **Ham And Cheese Pocket Sandwiches**

Cut rounds or pita (Syrian-type) bread in half. Open, spread with Miracle Whip Salad Dressing, fill with boiled ham slices, shredded Swiss cheese and dill pickle slices. Bake at 350°F about 10 minutes.

Combine <sup>3</sup>/<sub>4</sub> cup Miracle Whip, 2 tablespoons prepared mustard and <sup>1</sup>/<sub>4</sub> cup milk. Stir slowly over low heat, until warm. Spoon into sandwiches. Makes one cup.

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